



POLE

&
FLEX

Π Ρ Ο Γ Ρ Α Μ Μ Α

Δ Ε Υ Τ Ε Ρ Α	Τ Ρ Ι Τ Η
10:00 POLE LEVEL 3 NENA 18:00 POLE LEVEL 1 STAVRI 19:00 POLE LEVEL 2 STAVRI 20:00 POLE LEVEL 3+4 NENA 21:00 POLE LEVEL 5 NENA	18:00 POLE LEVEL 2 STAVRI 19:00 FLEXIBILITY STAVRI 20:00 EXOTIC POLE LEVEL 2 STAVRI
Τ Ε Τ Α Ρ Τ Η	Π Ε Μ Π Τ Η
18:30 POLE LEVEL 3 NENA 19:30 POLE LEVEL 5 NENA 20:30 FLEXIBILITY NENA	10:00 POLE LEVEL 3 NENA 18:00 POLE LEVEL 3 STAVRI 19:00 POLE CHOREO STAVRI 20:00 POLE LEVEL 3+4 NENA 21:00 POLE LEVEL 5 NENA
Π Α Ρ Α Σ Κ Ε Υ Η	Σ Α Β Β Α Τ Ο
19:30 POLE LEVEL 1 STAVRI 20:30 EXOTIC POLE LEVEL 2 STAVRI 21:30 EXOTIC POLE LEVEL 1 STAVRI	11:00 POLE LEVEL 4 NENA 12:00 FLEXIBILITY NENA
FREE PRACTICE ΤΕΤΑΡΤΗ 17:30 ΠΑΡΑΣΚΕΥΗ 18:30	